From Soybeans: A to Z Key

A  **Adhesives:** Glues made with soy flour, concentrates, grits, isolates and soy protein.

B  **Biodiesel:** An alternative fuel that can be used in diesel engines. Biodiesel can help reduce harmful emissions from trucks, buses, tractors and automobiles with diesel engines.

C  **Candles:** Made from soybean wax, soy candles leave no soot and are long-burning, water soluble, biodegradable, non-toxic and comparable in price.

D  **Dog Food:** Pet food contains soy meal.

E  **Elevator:** Soybean farmers rely on grain elevators to store and dry their crops after harvest.

F  **Flour:** A good source of protein made from roasted soybeans and ground into a fine power.

G  **Graffiti Removal:** An alternative to harsh chemical and petrol-based options, these cleansers are highly effective, environmentally friendly and biodegradable.

H  **Hog Feed:** A major use of soybean meal production is for high-protein hog feed.

I  **Ink-Printing:** Soybean oil is used to replace the petroleum-based carrier for ink pigments.

J  **Joint Health:** Soybeans contain isoflavones, which have been shown in studies to reduce joint pain and inflammation and repair cartilage.

K  **Knit Clothing:** Soy fibers are durable, strong, absorbent and comparable to the soft, smooth texture of silk.

L  **Lotion:** Soy is not as greasy and helps protect your skin from the sun.

M  **Margarine:** About 90 percent of all margarines contain soybean oil; soy lecithin is used as an anti-splatter agent.

N  **Nuts:** Soy nuts are roasted soybeans, which are available in a number of flavors.

O  **Engine Oil:** Readily biodegradable, soy-based oils provide increase oxidative stability.
Paint: Soybean oil-based paint is not as toxic and costs less than typical paints.

Quiche: Soy can be found in many ingredients of quiche – from the cheese to the milk.

Roofing: Applied as a sealant, the white color of soy-based roof coatings acts as a reflective surface, improving energy efficiency.

Soy Milk: Soybeans — soaked, ground fine and strained — produce fluid called soybean milk that is an excellent source of high-quality protein and B vitamins.

Tofu: Also known as soybean curd, tofu is a soft, cheese-like food. Tofu has high-quality protein, B vitamins and a low in sodium content.

Upholstery Cleaner: Non-toxic soy cleansers fight bacteria, minimize allergens and lack harsh chemical additives.

Vehicle Seats: Soy-based polyurethane foam is used for seat cushions in multiple vehicle makes and models.

Wallboard: Similar to drywall, it is made from soybean oil and soybean protein.

Xanthophyll: This is the yellow pigment in plants and animal fats that comes from green plants, such as soybeans.

Yogurt: Full-fat soy flour is used in many yogurt-like frozen desserts to reduce the amount of saturated fat.

Zebra Feed: High-protein soybean meal is fed to zebras.